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AMERICAN LIFE

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Abstract: *Americans have a special way of life. Americans are a people with a special culture. They have a unique way of life. This includes: culture, education, sports, language, religion, physical activity in their daily lives and some interesting facts and so on.*

They are often very sociable and will readily welcome people into their homes. In many places special groups are set up to welcome newcomers into the neighborhood. Americans are generally patriotic and disrespect of the country or the national anthem is severely frowned upon.

Education in the United States is provided in public, private, and home schools. Sport is an intrinsic part of American society both as a participation activity and for spectators. Baseball, basketball, football and ice hockey are very popular, dominating TV schedules and drawing large crowds.

America does not have its own official language. Around 71% identify themselves as Christian and there are growing populations of Muslim and Buddhist followers.

Achieving the benefits of physical activity depends on our personal efforts to increase activity in ourselves, family, friends, patients, and colleagues.

Keywords: culture, education, sport, language, religion, lifestyle, physical activity in their daily lives

Açar sözlər: mədəniyyət, təhsil, idman, dil, din, gündəlik həyat, həyat tərz, gündəlik həyatlarında fiziki fəaliyyət

Ключевые слова: культура, образование, спорт, язык, религия, повседневная жизнь, образ жизни, двигательная активность в повседневной жизни.

America is the third largest country in the world with a population of 325 million. The country has developed from its native American roots following a series of waves of immigration and has drawn in people from all over the world. As a result it is one of the most culturally diverse places in the world, often described as a ‘melting pot’. In such a vast country it is virtually impossible to describe a ‘typical’ American.

Culture

Different regions of America have been influenced to different degrees by the different ethnicities and cultures giving each a unique balance. They are drawn together by a belief in the ‘American Dream’, the idea that with hard work and talent anyone can achieve great success and wealth. Success is praised and admired rather than envied, and this is one of the things that makes a major impression on newcomers from other countries.

Hard work is regarded as one of the core values of America and many employment contracts include much lower vacation time than would be offered by most European employers. New employees often get two weeks’ vacation initially and can then build additional weeks based on longevity with the company.

Americans have a reputation for being outgoing and direct talking and this can take a little getting used to for those from countries where people are more reserved. They are often very

sociable and will readily welcome people into their homes. In many places special groups are set up to welcome newcomers into the neighbourhood. Americans are generally patriotic and disrespect of the country or the national anthem is severely frowned upon. The pledge of allegiance is said each morning in most schools and the national anthem is generally sung at major sporting events. The stars and stripes flag is flown in many public locations and outside many people's homes, especially on holidays like Independence Day on July 4th. The American flag must never be allowed to touch the ground and even inadvertently allowing it to hang touching the ground can prompt an adverse reaction from neighbours.

News on TV tends to be very local and for most people there is very limited exposure to news about other parts of the world. Only 36% of the population have passports compared to 60% of Canadians and 75% of Britons and Australians. Americans are the second most well-travelled people in the world, but much of this is done within the US and only one in five travel abroad. Although many never move far from their home towns, most Americans are prepared to relocate to different parts of the country to work.

Education

Education in the United States is provided in public, private, and home schools. State governments set overall educational standards, often mandate standardized tests for K–12 public school systems and supervise, usually through a board of regents, state colleges, and universities.

Language

There is no official language in the US, although some states have official or preferred languages. English is the dominant language and 90% of the population speaks at least some English. However, it is estimated that around 20% of the population speak a language other than English at home. Spanish, Chinese, French and German are the most common other languages.

Religion

The original settlers in America were often driven by a desire to find religious freedom and religion is still very important in American society. Virtually every known religion is practised in America and only 23% of Americans identify themselves as having no religion, according to research by the Pew Research Center. Around 71% identify themselves as Christian and there are growing populations of Muslim and Buddhist followers.

Most cities offer houses of worship for most major religions, enabling people to continue their religious practice. Religious freedom is an important principle in America and the constitution separates religion and the State, although the country is not without cases of religious persecution of minorities.

Sports

Sport is an intrinsic part of American society both as a participation activity and for spectators. Baseball, basketball, football (American football rather than soccer) and ice hockey are very popular, dominating TV schedules and drawing large crowds. Each of these sports is more popular than elsewhere in the world and are quintessentially American sports. Other sports, such as soccer, athletics, tennis, golf are also popular, as is the pursuit of fitness and the outdoor life, including jogging, aerobics, skiing and other participation sports.

Physical activity

Regular physical activity can improve the health and quality of life of Americans of all ages, regardless of the presence of a chronic disease or disability. Being physically active is one

of the most important actions that people of all ages can take to improve their health. The evidence reviewed for this second edition of the Physical Activity Guidelines for Americans is clear—physical activity fosters normal growth and development and can make people feel better, function better, sleep better, and reduce the risk of a large number of chronic diseases. Achieving the benefits of physical activity depends on our personal efforts to increase activity in ourselves, family, friends, patients, and colleagues.

The United States of America, the land of the free consists of 50 states. The US is also the fourth largest country in the world by total area. This vast country is well known across the world and has a cultural imprint that is driven by technological innovation, popular movies, television, and music. Discover all the amazing and interesting things America has to offer with these some interesting facts.

■ America Is Home To Many Natural Wonders

America is home to many natural wonders of the world. In fact, the United Nations Education, Scientific, and Cultural Organization (UNESCO) have recognized many heritage sites in America. According to UNESCO, a world heritage site is a place of special cultural or physical significance.

Some examples of the UNESCO world heritage sites in America are the Grand Canyon National Park, the Great Smoky Mountains National Park, Yellowstone National Park and a few others. Check out the full list of Natural UNESCO World Heritage Sites of the USA.

■ The US Has The Largest Economy In The World

The United States has maintained its position of being the world's largest economy since 1871. The economy is so large that the US is often noted as an economic superpower and this is due to the fact that it makes up almost a quarter of the global economy.

The US economy is connected to the country's enormous population, technological innovation, high consumer spending, high average incomes, as well as a moderate unemployment rate.

■ Center of Entertainment

America has a huge impact on global culture and a portion of that stems from entertainment. Many romance and action movies we enjoy are filmed and produced in the United States.

Hollywood is globally well-known as the center of entertainment and some would consider that it is one of the most famous places on earth. Hollywood attracts tourists from all over the world with landmarks such as the brass star embedded Walk of Fame and the TCL Chinese Theatre. There are endless things to do in Hollywood surrounding the entertainment industry making it a top destination for film buffs to visit.

■ The US Doesn't Have An Official Language

While English is predominantly spoken across the United States, on a federal level there are no laws stating that English is the official language. However, even though there are no federal laws, 31 states have declared English the official language.

Further, there are only a few states that are officially bilingual. For example, in New Mexico, the official language is English and Spanish, whereas, in Louisiana, the official language is English and French, and finally, in Hawaii, the official language is English and Hawaiian.

Conclusion: American youth and their lifestyles have always been the lifestyles of young people in other countries, as well as the majority of young people in Azerbaijan. By lifestyle, we mean not only their daily lives, their daily activities, and so on, but also their thoughts and goals.

Research conducted by independent experts shows that young Americans are not indifferent to the processes taking place in the world, as well as their own lives. They were very worried about the future because of the nuclear threat, the threat of famine, the wars. One professor at Harvard University even told independent experts that when I talk to young people, I see how much they fear and worry. "Our young people are always interested in global issues, they are very concerned about hunger, war, terrorism and want to help solve these problems, both for the state and for people living in other countries," said the professor. American youth are very sensitive to nature conservation, environmental cleanliness and other issues. As much as they want to learn, their desire to teach is very strong.

Literature

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AMERİKA XALQİ VƏ HƏYAT TƏRZİ

*İsmayılova Solmaz İlham, Muxtarova Vəfa Ziyad
Xülasə*

Hər zaman Amerika gəncləri və onların həyat tərzı hər zaman digər ölkə gənclərinin, eləcə də Azərbaycan gənclərinin əksəriyyətinin arzuladıqları həyat tərzı olmuşdur. Həyat tərzı dedikdə yalnız onların gündəlik yaşayış tərzləri, hər gün etdikləri hərəkətlər və sairə nəzərdə tuturuq, həmçinin onların düşüncələri və məqsədlərini də nəzərdə tuturuq.

İlk olaraq Sizlərə onu bildirmək istəyirəm ki, kənardan çox gözəl və cazibədar görünən Amerika həyatı çox asan deyil.

Deməli Amerikada 18 yaşa çatmış hər bir gənc müstəqil şəxs sayılır ki, onlar məhz bu yaş həddinə çatdıqda gələcəklərini sərbəst şəkildə qurmağa çalışırlar. Amerikada ailə anlamı bizdə olan ailə anlamından çox fərqlənir. Onlarda da ailə kiçik bir dövlət sayılır, amma bu kiçik dövlətə üzv olan vətəndaşların fikir azadlığı, paylaşmaq, anlaşıma və digər prinsiplər əsas öndə duran amillərdəndir.

АМЕРИКАНЦЫ И ОБРАЗ ЖИЗНИ

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Резюме*

Американская молодежь и их образ жизни всегда были образом жизни молодежи других стран, а также большинства молодежи Азербайджана. Под образом жизни мы подразумеваем не только их повседневную жизнь, их повседневную деятельность и так далее, но и их мысли и цели.

Прежде всего, хочу вам сказать, что американская жизнь, которая со стороны выглядит очень красивой и привлекательной, не очень проста.

Это означает, что каждый молодой человек в Америке, достигший 18-летнего возраста, считается самостоятельным человеком, и именно по достижении этого возраста они стараются свободно строить свое будущее. Значение семьи в Америке очень отличается от значения семьи у нас. Они тоже считают семью малым государством, но главными факторами являются свобода мнений, разделение, взаимопонимание и другие принципы граждан этого маленького государства.

Rəyçi: dosent Aidə Həsənova

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BƏHRUZ BƏY KƏNGƏRLİNİN HƏYAT VƏ YARADICILIQ YOLUNA DAHA BİR BAXIŞ

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Xülasə: Azərbaycan təsviri sənətində fərdi yaradıcılıq dəst-xətti ilə seçilən Bəhrüz bəy Kəngərli Azərbaycan peşəkar rəngkarlıq sənətinə böyük töhfələr vermişdir. Qısa ömür sürməsinə baxmayaraq onun yeni janr, forma, təsvir vasitələri təsviri sənət tariximizdə iz qoymuşdur. O, cəmi 30 il yaşamış, lakin uşaqlıq və təhsil illəri istisna olarsa, sənətə həsr etdiyi yeddi il ərzində 2000-dək əsər yaradıb və Azərbaycanda realist dəzgah boyakarlığının, portret, mənzərə, natrümort, süjetli-tematika və teatr-dekorasiya janrlarının peşəkar bədii ifadəsinin əsasını qoyub. “Qaçqınlar” silsiləsi Bəhrüz bəy Kəngərlinin tarixi əhəmiyyətə malik əsərlər toplusudur. Rəssam “Qaçqınlar” silsiləsi əsərində Naxçıvan və Qarabağa edilən təcavüzlərdən, minlərcə günahsız insanların qətlə yetirilməsi və xalqın tarix və mədəniyyətinə vurulan zərbələri əsərlərində əks etdirir. O, bütün yaşanan haqsızlıqları yaratdığı əsərlərində böyük ürək ağrısı ilə ifadə edir. “Qaçqınlar” silsiləsini otuza qədər əsər təşkil edir. Rəssam qısa tale yolunu ən şərəfli, ən layiqli addımlarla irəliləmiş, öz yaradıcı payına düşən vəzifələri yerinə yetirmişdir.

Açar sözlər: rəssam, Naxçıvan, “Qaçqınlar” silsiləsi, rəngkarlıq, yağlı boya, məişət janrı.

Ключевые слова: художник, Нахчыван, серия “Беженцы”, живопись, масляная краска, бытовой жанр

Key words: artist, Nakhchivan, series of “Refugees”, painting, oil painting, home genre.

Klassik Azərbaycan təsviri sənəti qədim və zəngin tarixi ənənələrə malikdir. XX yüzilliyin əvvəllərində təsviri sənət sahəsində peşəkar fəaliyyət göstərmiş Bəhrüz bəy Kəngərli təsviri sənət tarixində şəxsi imzası ilə tanınan yaradıcı şəxsiyyətlərdən biri olmuşdur.